



**Attendees:** Matt Herbert, Lyndsay Porreca, Courtney Vorachak, Bryan L'Heurveux, Angie Leduc, Barbara Farnsworth, Bob Sherman, Janice Dunnet, Sarah Bragg Donovan, Bridget Aliaga, Jacqui Baker

Welcome and Introductions

Icebreaker

Coalition Updates

**PUSH:** Committees are in action. Events Committee and Mentoring Committee. The events committee is working on an activities fair at the Lebanon Middle School. The Mentoring Committee will be gathering stakeholders in Lebanon, specifically at the school level. Exploring a peer-peer mentoring program. Stakeholder meeting will be on Nov. 8<sup>th</sup>.

**HCC:** Developing a forum with LPD and HPD to do an internet safety for parents. Parents only event. HCC is also working with Hartford High students in regards to bullying/social media.

**Circle Up:** Offering a mental health training, 25 are registered.

**Mascoma:** Mental health drop sleeves are being developed so that a mental health campaign can be run.

**CCRP:** Survey of the community of gaps has been completed.

National Prescription Take Back Day is Sunday, October 28<sup>th</sup> 10-2

Network Lunch 11-1 at Jesse's, November 9<sup>th</sup>.

Angie will start marijuana work group again in November

**Sustainability Plan:**

We are in year 4 of the 5 year plan for DFC grant. We will be applying for the mentor grant- we will also have to re-apply for another 5 year grant. This document will be a working document- as the sustainability committee meets quarterly.

**Governance:**

Discussion of position duties/responsibilities of Chair, Vice Chair, Secretary, and Alternate.

- Bob has volunteered to be the vice chair. Matt has volunteered to be an alternate.
- Matt nominated Lyndsay for Secretary. Bridget seconded the nomination. Lyndsay voted in as Secretary.
- Lyndsay nominated Kim for Alternate. (We will get nominees permission before voting them).
- Lyndsay nominated Bob for Chair. Courtney seconded the nomination. Bob voted in as Chair.
- Matt accepts nomination for Vice Chair. Courtney seconded the nomination.
- Emily nominated for alternate. (We will get nominees permission before voting them).



Discussion around keeping the second alternate position for voting purposes.

Capacity Discussion.

Review of what we have to do

- Reduce the harms of substance misuse and suicide, implement work plan, have 12 DCF sectors representation (Business, Civic/Volunteer Groups, Elementary and Secondary Education, Government, Healthcare professionals, Law Enforcement, Media, Parents, Religious/Fraternal Organizations, Youth, Youth Serving Organizations, Others involved in ATOD), fill officer roles, fill membership bases.

Where do we want to go?

- AT Vision: The Upper Valley is a community where ALL people are safe, healthy, supported, connected and valued.

How will we get there?

- By being a community resource for prevention, intervention, treatment, recovery and advocacy of substance misuse and suicide. (AT mission)
- Implementing our work plan

Questions of discussion/brainstorm:

What do we have capacity to do now as we are?

- Organizational capacity
- Produce materials
- Communication/communication tools
- Ability to steer/decision make
- Networking, build relationships- local coalitions
- Staff/fund support, meeting rooms, operations
- Promote and share messages
- Community benefit (\$)
- Ability to assess community needs, behaviors, needs
- Build skills- evidence based
- Access to resources and to individual networks
- Workgroups that target specific issue
- One time task oriented events

Where do we need to build capacity?

1. Asset mapping: who we are, what we fill, and where are the holes?
2. Relationship with local coalitions- define, trust, loyalty- have the conversations with them
3. Increase public awareness: define our niche, community relevance, share our identity
4. Evaluation of efforts- operations, measure what we actually have an influence on- how much? how well?

Prioritize Recruit Buckets:

- Evaluation of efforts: in the works



- First complete asset mapping, and then have those conversations with local coalitions, and then increase public awareness.
- Address the asset mapping as well as who we are, what we do, what we offer
- Bridget is currently going around the upper valley having conversations about needs with people and agencies who work in prevention/intervention/treatment.
- Staff will do a rough draft of who we are, what we do, what we offer and then seek feedback from members.
- Angie to recruit coalitions for networking lunch

Coalition Gathering? Bringing all the coalitions together. Develop what is missing, and then creating the ask.

Discovering what the coalitions think we are- an umbrella?

Parking Lot/Ideas

- Annual Event (August) transcend coalitions- headliner
- Coalition Summit

Next Meeting: December. Doodle will go out.