



Treatment Works. Recovery Is Possible.

Consumer's Guide for Substance Use Treatment
in the Upper Connecticut River Valley

Getting Started

This guide will help you find treatment services for people whose alcohol and other drug use is negatively affecting their lives.

The good news is that recovery from alcohol and drug problems is possible. It's never too late to seek help! Any first step is a good step and this booklet can help you find the right place to start your search. This booklet is not meant to substitute professional consultation, evaluation, and treatment, rather it is designed to streamline your search for support and get you connected as quickly as possible. The providers in this guide will work with you to decide on the best course of treatment. If you are already engaged in treatment but are interested in exploring other services then start a conversation with your current provider as they may be able to assist you.

Choosing a Treatment Provider

Private providers

are marked with a green dot. Private providers are people who provide specific service(s) and are not part of an agency (e.g. a private counselor).

Providers who offer opioid treatment

are marked with a blue dot. These providers offer medication-assisted treatment (MAT) using a combination of medication and counseling to help people move through withdrawal symptoms and manage cravings following opioid use.

Providers who offer support for family and friends

are marked with a pink dot. These services specialize in providing resources for families and friends of a person with addiction.

Intensive Outpatient Programs,

often called IOPs, are marked with a black dot. IOPs are a treatment program sometimes recommended following clinical assessment for people who may require increased counseling support but who may not be appropriate for residential/inpatient treatment.

Seek Help	1
Peer Support Recovery Programs	1
Vermont Treatment Services.....	2
Outpatient Services Location Map.....	4
New Hampshire Treatment Services	6
Treatment of Heroin, Opioids, and Prescription Pain Medication Use	8
Prevention and Early Intervention Services	9

Seek Help

CRISIS PHONE NUMBERS

Suicide Prevention Lifeline	(800) 273-TALK (8255)
NH Statewide Addiction Crisis Line	(844) 711-HELP (4357)
Clara Martin Center	(802) 295-1311
Health Care & Rehabilitation Services of Southeast Vermont	(802) 295-3031
West Central Behavioral Health	(800) 564-2578
Poison Control	(800) 222-1222

ONLINE RESOURCES

New Hampshire	www.nhtreatment.org	coveringnewhampshire.org (Health Care Coverage)
Vermont	healthvermont.gov/adap/adap.aspx	info.healthconnect.vermont.gov (Health Care Coverage)

Need More Information? Dial 2-1-1

Peer Support Recovery Programs

Alcoholics Anonymous (AA)

Peer support to stay sober and help others to achieve sobriety
www.nhaa.net

New Hampshire

(800) 593-3330 (Hotline)
(603) 622-6967 (Service Office)

Vermont

(802) 295-7611 (Hotline)

Al-Anon/Alateen

Peer support for family and friends of people with an alcohol use disorder
www.al-anon.alateen.org

New Hampshire

www.nhal-anon.org
(603) 369-6930

Vermont

www.vermontalananonlateen.org
(866) 972-5266

F.A.S.T.E.R. Parent Support

Peer support for parents of children with substance use issues
44 Roberts Road
Canaan, NH 03741
(603) 359-3321

Hope For NH Recovery

Supportive recovery community center

65 Park Street
Newport, NH 03773
(603) 552-7253

169 Main Street
Claremont, NH 03743
(603) 287-7919

NAR-ANON Family Groups

Peer support for family and friends of people with an opioid use disorder

www.nar-anon.org
(800) 477-6291

Narcotics Anonymous (NA)

Peer support for recovery

New Hampshire

www.gmana.org
(888) 624-3578

Vermont

www.gmana.org
(802) 773-5575

Second Growth

Provides groups for teen and young adults in recovery and recovery coaching services for all ages
www.secondgrowth.org
205 Billings Farm Road, Bldg. 1
White River Junction, VT 05001
(802) 295-9800

Upper Valley Turning Point

Community center offering recovery support from addiction and addictive behavior
Second Wind Foundation
secondwindfound.org
200 Olcott Drive
Wilder, VT 05088
(802) 295-5206

Turning Point Recovery Center of Springfield, VT

7 Morgan Street
Springfield, VT 05156
(802) 885-4668

Wit's End For Parents

Peer support for parents with children who are using drugs
200 Olcott Drive
Wilder, VT 05088
(802) 295-5206

While we strive to make the information in this guide comprehensive and accurate, change is constant and the listings may be incomplete or may become outdated. For the most up-to-date information, please contact the provider directly. To add or correct content, or give us feedback, please call (603) 653-6861 or email info@uvalltogether.org. Dartmouth-Hitchcock and Mt. Ascutney Hospital and Health Center do not accept liability for treatment sought or obtained through the use of this guide.

Outpatient Services

Ben Fox, LCMHC ●

Fox Expressive Art Therapy, LLC
2095 South Pomfret Road
South Pomfret, VT 05067
(802) 779-1524
All Ages/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Brattleboro Retreat ●●

Anna Marsh Lane
Brattleboro, VT 05301
(802) 258-3700
(800) 738-7328
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Carol "Ben" Collier, LCSW ●

144 Palmer Court
White River Junction, VT 05001
(802) 649-8949
Adults/Self-Pay/Private Ins.

Central Vermont Substance Abuse Services ●●

100 Hospitality Drive
Berlin, VT 05641
(802) 223-4156
Ages 12+/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Clara Martin Center ●

1740 Lower Plain
Bradford, VT 05033
(802) 222-4477
11 North Main Street
Randolph, VT 05060
(802) 728-4466
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Clara Martin Center ●●

Quitting Time
39 Fogg Farm Road
Wilder, VT 05088
(802) 295-1311
Ages 13+/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

C. F. Lord, MD ●●

Connecticut Valley Recovery Services, Inc.
15 State Street
Windsor, VT 05089
(802) 674-9400
Adults/Medicare/Medicaid/Private Ins./Self-Pay

KEY

- Private Providers
- Medication Assisted Treatment
- Intensive Outpatient Program (IOP)
- Support for Family and Friends

Eileen Lanza, LCMHC, LADAC ●

144 Palmer Court
White River Jct, VT 05001
(802) 649-3045
Ages 12+/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Good Neighbor Health Clinic

70 North Main Street
White River Junction, VT 05001
(802) 295-1868
Free Medical Care/Referrals to Treatment/Call for Appointment

Habit OPCO ●

16 Town Crier Drive
Brattleboro, VT 05301
(802) 258-4623
Adults/Medicaid/Private Ins./Self-Pay

Health Care and Rehabilitative Services of SE VT (HCRS) ●

390 River Street
Springfield, VT 05156
(802) 886-4500
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Health Care and Rehabilitative Services of SE VT (HCRS)

49 School Street
Hartford, VT 05047
(802) 295-3031
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

HIV/HCV Resource Center ●

Located at Good Neighbor Health Clinic
70 North Main Street
White River Junction, VT 05001
(603) 448-8887
(802) 295-1868 (Syringe Exchange)
Tuesdays & Thursdays only,
2:00 - 3:45 pm; ask for Laura.
Offering free Naloxone (Narcan) nasal spray and syringe exchange services

Kimberly Knowlton-Young, LICSW ●

144 Palmer Court
White River Junction, VT 05001
(339) 440-1103
Ages 17+/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Linda Mullestein, LCMHC, LADAC ●

Simmons House, Route 4
Woodstock, VT 05091
(802) 457-4110
Ages 13+/Private Ins./Self-Pay

Northeast Kingdom Human Services Substance Abuse Division ●

2225 Portland Street
St Johnsbury, VT 05819
(802) 748-1682
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Pamela Ashton, MEd, LADC ●

Better Mind Solutions, LLC
PO Box 56
Bradford, VT 05033
(802) 449-7151
All Ages/Medicaid/Self-Pay/Sliding Fee Scale

Peter Collier, LCSW

144 Palmer Court
White River Junction, VT 05001
(802) 649-8925
All Ages/Private Ins./Self-Pay

Richard Root, Ed.D ●

Springfield Hospital
29 Ridgewood Road
Springfield, VT 05156
(802) 885-5719
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Rockingham Medical Group ●●

1 Hospital Court, Suite 9
Bellows Falls, VT 05101
(802) 463-2657
Adults/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Ron Treem, LCMHC, LADAC ●

Kime Associates
221 North Main Street
White River Junction, VT 05001
(802) 885-1904 Ext. 3
All Ages/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Second Growth

205 Billings Farm Road, Bldg. 1
White River Junction, VT 05001
(802) 295-9800
Ages 12+/Self-Pay/Sliding Fee Scale

Veteran's Administration Medical Center

163 Veterans Drive
White River Junction, VT 05009
(802) 295-9363
All Ages/Veterans & Their Families Only/Military Ins.

Residential Treatment Services

The following residential treatment centers accept a variety of payment options. Vermonters with no insurance or who have low income may be eligible for Medicaid assistance. Talk to your provider to find out if they accept Medicaid and to help you obtain coverage.

Act One/Bridge Program

Non-medical Detox/Sobriety Maintenance
184 Pearl Street
Burlington, VT 05401
(802) 488-6425
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Brattleboro Retreat

Non-medical Detox/Res. Treatment
Anna Marsh Lane
Brattleboro, VT 05301
(802) 258-3700
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Co-Occurring Mental Health/Opioid Treatment with Buprenorphine

Lund Family Center

Short and Long Term Res. Treatment
76 Glen Road
Burlington, VT 05401
(802) 864-7467
Pregnant and Postpartum Females/Medicaid/Self-Pay/Co-Occurring Mental Health

Phoenix House Rise Program - Brattleboro

Transitional Living
435 Western Avenue
Brattleboro, VT 05301
(802) 463-9851
Adults/Self-Pay/Sliding Fee Scale

Phoenix House Rise Program - Bellows Falls

Transitional Living
11 Underhill Avenue
Bellows Falls, VT 05101
(802) 463-9851
Adults/Self-Pay/Sliding Fee Scale

Recovery House Inc. - Grace House

Transitional Living
35 Washington Street
Rutland, VT 05701
(802) 775-3476
Adults/Self-Pay/Co-Occurring Mental Health

Recovery House Inc. - Serenity House

Res. Treatment
98 Church Street
Wallingford, VT 05773
(802) 446-2640
Adults/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale/Co-Occurring Mental Health

Second Wind Foundation/Willow Grove

Transitional Living
200 Olcott Drive
White River Junction, VT 05001
(802) 295-5206
Adults/Females/Self-Pay/Sliding Fee Scale

Valley Vista

Medical Detox/Res. Treatment
23 Upper Plain
Bradford, VT 05033
(802) 222-5201
Ages 13+/Pregnant Females/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale/Co-Occurring Mental Health/Opioid Treatment with Buprenorphine



Vermont

Northeast Kingdom Human Services ————— **St. Johnsbury**



Central Vermont Substance Abuse Services ————— **Berlin**

Clara Martin Center
Pamela Ashton
Valley Vista | ————— **Bradford**

Clara Martin Center ————— **Randolph**

Clara Martin Center
Willow Grove | ————— **Wilder**

Ben Fox ————— **South Pomfret**

Linda Mullestein ————— **Woodstock**

HCRS of SE VT ————— **Hartford**
WRJ

Carol "Ben" Collier
Eileen Lanza
Good Neighbor Health Clinic
HIV/HCV Resource Center
Kimberly Knowlton-Young
Peter Collier
Ron Treem
Second Growth
Veteran's Administration Medical Center | ————— **Windsor**

C. F. Lord

Springfield



HCRS of SE VT
Phoenix House Rise Program
Richard Root | ————— **Bellows Falls**

Rockingham Medical Group

Brattleboro Retreat
Habit OPCO | ————— **Brattleboro**

New Hampshire

Littleton

Northern Human Services
White Mountain Mental Health
R.O.A.D. to a Better Life



Dartmouth College Employee Assistance Program
Dartmouth College Health Service
Hilary Coons

HALO Educational Systems

Plymouth

R.O.A.D. to a Better Life

Hanover

Canaan

Bronwen Ballou
D-H Addiction Treatment Program
D-H Employee Assistance Program
Donlon Wade
Headrest
Jacqueline Brill
R.O.A.D. To A Better Life
Sandy Burke
West Central
Behavioral Health

Lebanon

Habit OPCO
Groups: Recover Together

West Lebanon



Grantham

New London

Charles Batt
Erin Foley

Claremont

Medicine Counseling Associates
New England Medicine Counseling Assoc.

Lynn Hayward
Groups: Recover Together
Richard Root
Sugar River Counseling and Consultation, PLLC
West Central Behavioral Health

Outpatient Services

Bronwen Ballou, LCMHC, LICSW ●

27 Bank Street
Lebanon, NH 03766
(603) 448-2448
Adults/Private Ins./Self-Pay/Sliding Fee Scale

Charles Batt, MD, Psychiatrist ●

14 Blueberry Lane
New London, NH 03257
(603) 526-9655
Ages 13+/Private Ins./Medicare/Self-Pay/Sliding Fee Scale

Dartmouth College Employee Assistance Program

53 South Main Street, Suite 204
Hanover, NH 03755
(603) 646-1165
All Ages/Employees Only/No Fee

Dartmouth College Health Service

5 Rope Ferry Road
Hanover, NH 03755
(603) 646-9400
Dartmouth Students Only/No Fee

Dartmouth-Hitchcock Addiction Treatment Program ●●

85 Mechanic Street
Lebanon, NH 03766
(603) 653-1860
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Dartmouth-Hitchcock Employee Assistance Program

One Medical Center Drive
Lebanon, NH 03756
(603) 650-5819
Adults/Employees Only/No Fee

Donlon Wade, LADC ●

2 South Park Street
Lebanon, NH 03766
(603) 448-9994
All Ages/Medicare/Private Ins./Self-Pay/Sliding Fee Scale

Erin Foley, MS, MLADC ●●

370 Main Street
New London, NH 03257
(603) 526-2256
Ages 12+/Medicaid/Private Ins./Self-Pay

Groups: Recover Together ●

24 Opera House Square
Suite 410-W
Claremont, NH 03743
(844) 637-6237
1 Glen Road, Suite 218
West Lebanon, NH 03784
(844) 637-6237
Adults/Self-Pay

Habit OPCO ●

254 Plainfield Road
West Lebanon, NH 03784
(603) 298-2146
Adults/Medicaid/Self-Pay

HALO Educational Systems ●

Elena Van Zandt, MEd, MLADC
44 Roberts Road
Canaan, NH 03741
(603) 359-3321
All Ages/Medicare/Medicaid/Private Ins./Self-Pay

Headrest ●

14 Church Street
Lebanon, NH 03766
(603) 448-4872 Ext. 101
Adults/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Hilary Coons, PhD ●

7 Allen Street #303
Hanover, NH 03755
(603) 643-9717
Ages 13+/Private Ins./Self-Pay/Sliding Fee Scale

Jacqueline Brill ●

1 Court Street #220
Lebanon, NH 03766
(603) 448-1988
All ages/Private Ins./Self-Pay/Sliding Fee Scale/Co-Occurring Mental Health

Lynn Hayward, MLADC, LCMHC ●

24 Opera House Square #31
Claremont, NH 03743
(413) 687-5395
Ages 15+/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

New England Medicine Counseling Associates ●

Sawyer Brook Plaza
120 Route 10 South
Grantham, NH 03753
(603) 903-2900

Northern Human Services White Mountain Mental Health

29 Maple Street
Littleton, NH 03561
(603) 444-5358
All Ages/Private Ins./Medicare/Medicaid/Self-Pay/Sliding Fee Scale

Richard Root, EdD ●

Valley Regional Hospital Campus
241 Elm Street
Claremont, NH 03743
(802) 885-5719
All Ages/Medicare/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

R.O.A.D. to a Better Life ●

31 Hanover Street, Suite 1
Lebanon, NH 03766
(603) 727-9071
678 Meadow Street
Littleton, NH 03561
(603) 692-1859

12 Yeaton Road, Suite B7
Plymouth, NH 03264
(603) 536-1008
Adults/Medicare/Medicaid/Private Ins./Self-Pay

Sandy Burke, LCMHC, MLADC ●

2 South Park Street
Lebanon, NH 03766
(603) 667-8567
Ages 13+/Medicaid/Private Ins./Self-Pay/Sliding Fee Scale

Sugar River Counseling And Consultation, PLLC ●

24 Opera House Square, Suite 300
Claremont, NH 03743
(603) 287-8269
All Ages/Medicare/Private Ins./Self-Pay/Sliding Fee Scale

West Central Behavioral Health

52 West Pleasant Street
Claremont, NH 03743
(603) 542-2578
Rivermill Commercial Center
85 Mechanic Street
Lebanon, NH 03766
(603) 448-5610
Adults/Medicare/Medicaid/Private Ins./Self-Pay

KEY

- Private Providers
- Medication Assisted Treatment
- Intensive Outpatient Program (IOP)
- Support for Family and Friends

Residential Treatment Services

Farnum Center

Res. Treatment
140 Queen City Avenue
Manchester, NH 03103
(603) 263-6200
Adults/Medicaid/Private Ins./Self-Pay/
Sliding Fee Scale/Opioid Treatment
with Buprenorphine

Friendship House (Tri-County CAP)

Non-medical Detox/Short-Term
Res. Treatment/Transitional Living
2957 Main Street
Bethlehem, NH 03574
(603) 869-2210
Adults/Medicaid/Self-Pay/Sliding Fee
Scale/Co-Occurring Mental Health

Granite Recovery Centers: Green Mountain Treatment Center

Effingham, NH
(877) 824-5992
Adults/Self-Pay/Private Ins./
Co-Occurring Mental Health

Granite Recovery Centers: Granite House for Men

Long-Term Res. Treatment for Men
Derry, NH
(877) 308-8338
Adults/Males/Self-Pay/Private Ins./
Co-Occurring Mental Health

Granite Recovery Centers: Granite House for Women

Long-Term Res. Treatment
for Women
Concord, NH
(877) 353-5020
Adults/Females/Self-Pay/Private Ins./
Co-Occurring Mental Health

Granite Recovery Centers: New Freedom Academy

Res. Treatment for Young
Adult Men
Canterbury, NH
(877) 852-4320
Ages 18-35/Males/Self-Pay/Private
Ins./Co-Occurring Mental Health

Granite Recovery Centers: Queen City Sober Living

Sober Living Environment for Men
Manchester, NH
(877) 855-4944
Adults/Males/Self-Pay/Co-Occurring
Mental Health

Headrest

Low-intensity Res. Treatment
14 Church Street
Lebanon, NH 03766
(603) 448-4872 Ext.101
Adults/Medicaid/Private Ins./Self-Pay/
Sliding Fee Scale

His Mansion

Christian Discipleship Res.
Community
395 Wolf Hill Road
Deering, NH 03244
(603) 464-5555
Ages 18-35/Sponsorship Required

Keystone Hall

Short- and Long-Term
Res. Treatment for Adults and
Women with Children
615 Amherst Street
Nashua, NH 03060
(603) 881-4848
Adults/Pregnant and Postpartum
Females/Self-Pay/Sliding Fee Scale/
Co-Occurring Mental Health

Orion House

Intermediate Res. Treatment
PO Box 25
Newport, NH 03773
(603) 863-4918
Adolescents/Males/Medicare/
Medicaid/Private Ins./Self-Pay

Phoenix House Dublin Center

Res. Treatment
3 Pierce Road
Dublin, NH 03444
(603) 563-8501
Adults/Medicaid/Private Ins./Self-
Pay/Sliding Fee Scale/Co-Occurring
Mental Health

Phoenix House Keene Center

Res. Treatment/IOP
106 Roxbury Street
Keene, NH 03431
(603) 358-4041
Adults/Private Ins./Self-Pay/
Sliding Fee Scale/Co-Occurring
Mental Health

Plymouth House

12-Step Based Res. Community
446 Main Street
Plymouth, NH 03264
(603) 536-5500
Adults/Self-Pay

Serenity Place

Non-medical Detox/Sobriety
Maintenance
101 Manchester Street
Manchester, NH 03101
(603) 625-6980
Adults/Medicaid/Private Ins./
Self-Pay/Sliding Fee Scale

Southeastern NH Services

Non-medical Detox/Sobriety
Maintenance/Short-Term Res.
Treatment/Transitional Living
272 County Farm Road
Dover, NH 03820
(603) 516-8160
All Ages/Private Ins./Medicaid/
Sliding Fee Scale



Treatment of Heroin, Opioids, and Prescription Pain Medication Use

If you use opioids such as heroin, or prescription pain killers like hydrocodone or oxycodone, you may need treatment services that include medications such as methadone, buprenorphine, or naltrexone to help you avoid withdrawal symptoms and cravings. Your doctor or substance use treatment provider can help you understand if medication-assisted treatment may be best for your needs, and help you find a local treatment provider.

If you are pregnant and are using heroin, other opioids, prescription pain medications, alcohol, or other substances, contact your OB/Gyn, substance use treatment, and/or primary care provider as soon as possible to identify the best type of care for both you and your developing fetus.

METHADONE - ASSISTED TREATMENT (See listings for contact information)

Brattleboro Retreat Brattleboro, VT

Habit OPCO West Lebanon, NH
Brattleboro, VT

Valley Vista Bradford, VT

BUPRENORPHINE - ASSISTED TREATMENT (See listings for contact information)

Brattleboro Retreat Brattleboro, VT

Central Vermont Substance Abuse Services Berlin, VT

Clara Martin Center Wilder, VT

Dartmouth-Hitchcock Addiction Treatment Program Lebanon, NH

Groups: Recover Together Claremont and Lebanon, NH

Habit OPCO West Lebanon, NH
Brattleboro, VT

Rockingham Medical Group Bellows Falls, VT

Valley Vista Bradford, VT

TREATMENT SERVICES FOR PREGNANT WOMEN

Dartmouth-Hitchcock Perinatal Addiction Treatment Program Lebanon, NH

Keystone Hall Nashua, NH

Lund Family Center Burlington, VT

Valley Vista Bradford, VT

NEEDLE EXCHANGE AND NARCAN

HIV/HCV Resource Center
(603) 448-8887

Call for day, time, and locations of needle exchange and Narcan distribution programs in your area.

Upper Connecticut River Valley region

Prevention and Early Intervention Services

Safe Use, Safe Storage and Safe Disposal of Medications

The best, most environmentally friendly way to dispose of unused medications is in a medication drop box. Medication drop boxes are safe, secure, mailbox-like boxes, most often located in police stations. Go to TwinStateSafeMeds.org for location information.

Prevention Coalitions

Community-based prevention coalitions bring together businesses, schools, service providers, law enforcement and others to plan community strategies intended to reduce the harm of alcohol and drug use in the community.

ALL Together	Lebanon, NH region www.UVALLTogether.org
Communities United of Sullivan County	Sullivan County, NH region PreventionWorksNH.org
Hartford Prevention Coalition	Hartford, VT region www.hartfordcommunitycoalition.org
Mount Ascutney Prevention Partnership	Windsor, VT region www.mappvt.org
NAMI New Hampshire Upper Valley Resources	www.uvmentalhealth.org
North Country Prevention Network	Littleton, NH region www.nchcnh.org
New Hampshire Regional Public Health Networks	Across New Hampshire nhphn.org

School-Based Alcohol and Drug Services

Students at most high schools and middle schools can get free and confidential alcohol, drug, and mental health services at their school. Common services include education; problem solving; alcohol, drug, and mental health screening; brief counseling; referral to treatment services; and recovery support. Ask your school if they have a Student Assistance Program or Behavioral Health Provider.



What If I Can't Afford Treatment?

If you are uninsured, under-insured, have low income or have difficulty affording treatment, you still have options to explore. You can seek subsidized care by contacting one of the following:

NEW HAMPSHIRE RESIDENTS:

Headrest

(603) 448-4872

Northern Human Services

White Mountain Mental Health

(603) 444-5358

VERMONT RESIDENTS:

Health Care & Rehabilitative Services of Southeast Vermont (HCRS)

(802) 295-3031

Clara Martin Center

(802) 295-1311

Talk to your providers about whether they can help you obtain Medicaid coverage to pay for treatment.

Support for the Consumer's Guide is provided by:

