

In attendance: Jacqui Baker, Bridget Aliaga, Matt Herbert, Bob Sherman, Angie Leduc, Kaelea Monahan, Lyndsay Powers, Barbara Farnsworth, Liz Powers, Kevin Moore, Bryan L'Heureux

### I. Coalition/ Work group updates

- **DH Community Health Improvement fund shift** – extra \$, how do we use it?
  - Developing strategies for incarcerated parents/ care givers targeting child trauma
  - Teacher and child care provider education, parent education, instruction playgroup for child
- **Circle up:** will be reconvening soon – community showing of Race to Nowhere Oct 4<sup>th</sup> in Hanover/Norwich area; push for building community and relationships rather than discipline
  - Mental health first aid training in November – mini grant from DH for training
- **PUSH:** MJ use among youth because of low community attachment?
  - July - Proposed that it was because of lack of access to healthy activities – found that the opposite was true and Leb/Hanover has an abundance of activities
  - August - Problem was seen in a different light – do adults know activities are available? Do they value the activities? Do they know the degree to which their children are engaged in social media?
  - Next steps: mentoring program for middle school children
- **HCC:** Block party in June – very successful!
  - Take a bite out of hunger – provide food for kids in camps and lunches for adults; group from Lebanon was assisted by HCC
  - HCC = ~12,000 meals in 10 weeks this year!
- **Mascoma Valley schools**– movie series, volunteers when to discuss YRBS (need parent consent to participate, would like to switch to signing OUT)
  - Drop sleeves for mental health campaign
  - 3 year long term goal: after school activities / increase access

### II. AT Mission/Vision

- **Current Mission Statement:** “We are your neighbors and we all can help – all together is a community resources for substance misuse, recovery, and treatment”
- **Discussion** – we also do suicide prevention.... How do we include it in our mission?
  - Strategies that we are currently implementing are targeting mental health but it is lacking in our statement
  - Substance misuse and Suicide prevention are not always thought of collectively – someone looking for suicide resources might overlook AT solely based off our mission – we have a work group, community resource partnership, etc.
  - Proposed: *ALL Together is a community resource for prevention, intervention, treatment, recovery and advocacy of substance misuse and suicide.*
- **Vision:** word smithing activity. The most selected terms were: Diversity, safety, healthy, supported, connecting.
  - Proposed: *The Upper Valley is a community where ALL people are safe, healthy supported, connected and valued.*

### III. Board Member Binders

- As suggested, a place to be organized and have all the relevant information our members need
- Still in the process of being updated!

### IV. Leadership Structure

- **Governance recommendations - officer roles?**
  - Assigned members that are responsible for specific duties; decision/voting members
  - Not NECESSARY for grant, but it would be best for function/ efficiency of collaborative
  - Treasurer role is limited – DH handles most of it ; probably not necessary
  - 1 Chair, 1 co-chair, 1 secretary + 2 other voting members (3 votes total for decision making)
  - Nomination process: online nomination/self-nomination process, person has right to decline
  - Voting process in the event more than one person is up for a single position (TBD by Jacqui, Angie, and Bridget, and will be sent out for approval)

### V. Sustainability

- Previous meeting was held to determine what we need for sustainability – committed members, relevance to community issues, sustained resources ( human, social, material)
- Going forward to **create a plan by 9/30**
  - Need a few people to assist Angie with writing sustainability plan – Liz, Lyndsay, Bob

### VI. Meeting Structure & next meeting

- Reminder: current structure is not set in stone – can change if the team wants!
- How often do we need to meet?
  - Currently 1x/month
  - Increase workgroups (people will choose where they want to commit their time) – MJ workgroup, CCRP, Sustainability
  - Decrease AT board meeting to bimonthly