

UPPER VALLEY REGIONAL PUBLIC HEALTH NETWORK

New Hampshire Young Adult Survey (2015)

Frequency tables for all questions

RPHN Residents compared to the remainder of the State

Prepared by:
Pacific Institute for Research and Evaluation



The New Hampshire Young Adult Survey was conducted, and this set of tables was prepared, for the New Hampshire Bureau of Drug and Alcohol Services by the Pacific Institute for Research and Evaluation (PIRE). Funding was provided by the Substance Abuse and Mental Health Services Administration (SAMHSA). Project coordination and contractual arrangements were managed by JSI Research and Training Institute, Inc. The tables were prepared by Sean Hanley and Robert Flewelling of PIRE. Please contact Rachel Kohn (rachel.kohn@jsi.com) for more information.

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Survey Design and Methods

The New Hampshire Department of Health and Human Services, Bureau of Drug and Alcohol Services (BDAS), was awarded a five-year grant for the Partnership for Success (PFS) 2015 program from October 2015 through 2020. As part of this program, BDAS was particularly interested in learning more about alcohol and other drug (especially opioids) consumption patterns and perceptions of young adults. As a result, BDAS conducted an assessment using focus groups and an online survey. The findings of the assessment will be used to assist in identifying the substance use behaviors and beliefs of young adults in New Hampshire, and help inform prevention programming and services.

New Hampshire residents aged 18 to 30 were recruited through community newsletters, postcards, and other local methods. It is important to note that the survey findings do not necessarily reflect behaviors and beliefs of the *total* young adult population of New Hampshire or the specific Regional Public Health Network (RPHN). The data have, however, been weighted (or, upscaled) by age group (18-20, 21-25, and 26-30), sex, and RPHN, in order to ensure that the sample matches the target population, based on these characteristics.

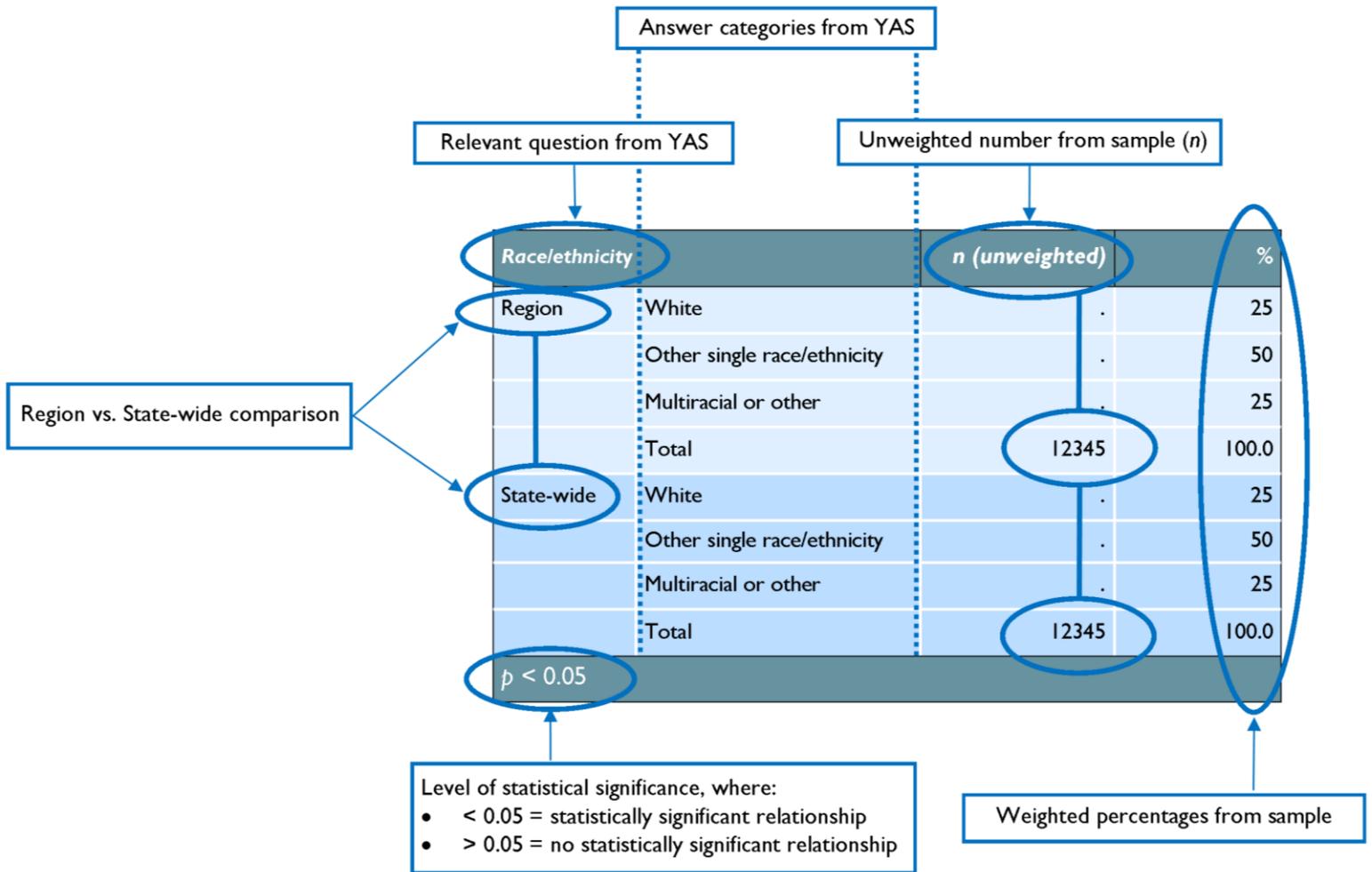
The following provides some context and guidance for helping to understand the content of the tables presented below:

- The tables in this report show the range of responses for all close-ended items in the survey, except a few items that had very low variability.
- The range of responses from people who live in the Upper Valley RPHN and the rest of the State have been separated. The values in each table are the weighted (upscaled) percentages.
- Also shown are the original number of responses from residents and the rest of the State, on which the percentages are based.
- The statistical significance of the relationship is also shown at the bottom of the table (“p” value). A (probability) value of less than .05 traditionally means that there are differences that are very unlikely to have occurred by chance (i.e., “statistically significant.”). These values are for the overall pattern of differences shown in the table, rather than differences for any specific response option (for items offering more than just two options).
- Significance probabilities (“p” values) for tables containing zero responses in any cell of the table could not be calculated and, therefore, are not reported.
- Response options for certain items in the survey have been combined, in order to help avoid showing percentages that are based on very small numbers of respondents, and to make the tables easier to interpret.
- Percentages based on fewer than five respondents (and sample sizes fewer than five) are not shown.
- Four sets of items that asked respondents to check “all that apply” for each item were included in the survey. In the tables for these items, the responses are labeled as either “Checked” or “Not checked”.
- Please note that some items within these Checked/Not checked sets are worded as a negative. For example: “I have not used alcohol or drugs in the past 12 months.” If at least one response within the set logically should have been checked by the respondent but none of them were, the responses for all of the items in the set were set to missing values and excluded from the tables.

A copy of the survey contents may be downloaded from PIRE at the following web address:

http://www.pire.org/documents/New_Hampshire_YAS/NH_YAS_2015_WORD.pdf

HOW TO READ THE TABLES IN THIS REPORT:



DEMOGRAPHIC INFORMATION:

1) Please tell us what kind of device you are using to do this survey:

Device used to complete survey		n (unweighted)	%
Region	Smart phone	.	86.6
	Other	.	13.4
	Total	180	100.0
State-wide	Smart phone	.	90.7
	Other	.	9.3
	Total	4152	100.0
$p = 0.1756$			

2) What is your age? (If no age is entered or age is outside the range of 18 to 30)

Age		n (unweighted)	%
Region	18-20	.	31.2
	21-25	.	43.6
	26-30	.	25.2
	Total	180	100.0
State-wide	18-20	.	26.4
	21-25	.	38.8
	26-30	.	34.8
	Total	4154	100.0
$p = 0.115$			

3) What is your gender?

Sex		n (unweighted)	%
Region	Male	.	49.3
	Female	.	50.7
	Total	177	100.0
State-wide	Male	.	50.9
	Female	.	49.1
	Total	4124	100.0
$p = 0.7430$			

4) What is your sexual orientation?

Identify as LGBTQ?		n (unweighted)	%
Region	Yes	.	15.2
	No	.	84.8
	Total	177	100.0
State-wide	Yes	.	14.8
	No	.	85.2
	Total	4031	100.0
$p = 0.910$			

Persons identifying as LGBTQ reported their sexual orientation as being heterosexual, gay or lesbian, bisexual, or unsure (i.e., questioning), or they reported their gender as transgender/other.

5) How do you usually describe yourself (race)?

<i>Race/ethnicity</i>		<i>n (unweighted)</i>	<i>%</i>
Region	White	.	91.4
	Other single race/ethnicity	.	4.8
	Multiracial or other	.	3.8
	Total	179	100.0
State-wide	White	.	91.9
	Other single race/ethnicity	.	4.9
	Multiracial or other	.	3.2
	Total	4152	100.0
$p = 0.9506$			

6) Are you currently or have you been a member of the United States Armed services (active duty, reserve, or National Guard)?

<i>Current/past member of US Armed Services</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Yes	.	6.0
	No	.	94.0
	Total	180	100.0
State-wide	Yes	.	4.2
	No	.	95.8
	Total	4150	100.0
$p = 0.463$			

7) What is your employment status?

<i>Employment status</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Employed	.	76.8
	Not employed, looking for work	.	4.0
	Not employed, not looking for work	.	19.2
	Total	180	100.0
State-wide	Employed	.	85.3
	Not employed, looking for work	.	8.5
	Not employed, not looking for work	.	6.2
	Total	4151	100.0
<i>p < .0001</i>			

8) Are you a student?

<i>Student status</i>		<i>n (unweighted)</i>	<i>%</i>
Region	In college or vocational school (full time)	.	31.1
	Other type of student	.	13.3
	Not a student	.	55.5
	Total	180	100.0
State-wide	In college or vocational school (full time)	.	21.8
	Other type of student	.	13.7
	Not a student	.	64.4
	Total	4125	100.0
<i>p = 0.1101</i>			

If response 1 or 2 is selected, proceed to Q9a and then skip to Q11a. If response 3, 4, or 5 is selected, skip to Q9b. If response 6 is selected, skip to Q11a.

9) Living Arrangement

a) What is your current living arrangement?

<i>Current living arrangement</i>		<i>n (unweighted)</i>	<i>%</i>
Region	At home with parent/guardian	.	21.0
	Campus housing or fraternity/sorority house	.	50.4
	Other	.	28.5
	Total	48	100.0
State-wide	At home with parent/guardian	.	34.0
	Campus housing or fraternity/sorority house	.	26.5
	Other	.	39.5
	Total	1136	100.0
$p = 0.0088$			

b) What is your current living arrangement?

<i>Current living arrangement</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Housed	.	93.0
	Unhoused/Transitional	.	7.0
	Total	132	100.0
State-wide	Housed	.	95.4
	Unhoused/Transitional	.	4.6
	Total	2988	100.0
$p = 0.3518$			

11) Zip code

All zip codes were from within the Upper Valley Regional Public Health Network catchment area.

H4: PERCEPTIONS ABOUT EASE OF ACCESS TO ALCOHOL AND OTHER SUBSTANCES

- 12) How easy do you think it is for persons your age in your community to obtain prescription pain relievers, such as OxyContin, Percocet, Vicodin, without a doctor's prescription?

<i>Ease of obtaining prescription pain relievers without prescription</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Very easy	.	13.7
	Somewhat easy	.	42.5
	Somewhat difficult	.	34.3
	Very difficult	.	9.5
	Total	177	100.0
State-wide	Very easy	.	21.1
	Somewhat easy	.	44.3
	Somewhat difficult	.	27.6
	Very difficult	.	7.0
	Total	4136	100.0
$p = 0.1742$			

- 13) How easy do you think it is for persons your age in your community to obtain prescription sedatives/tranquilizers, such as Xanax, Valium, or Ambien, without a doctor's prescription?

<i>Ease of obtaining prescription sedatives/tranquilizers without prescription</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Very easy	.	12.1
	Somewhat easy	.	35.7
	Somewhat difficult	.	40.8
	Very difficult	.	11.4
	Total	176	100.0
State-wide	Very easy	.	19.1
	Somewhat easy	.	40.5
	Somewhat difficult	.	30.8
	Very difficult	.	9.5
	Total	4130	100.0
$p = 0.0863$			

- 14) How easy do you think it is for persons your age in your community to obtain prescription stimulants, such as Adderall or Ritalin, without a doctor's prescription?

<i>Ease of obtaining prescription stimulants without prescription</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Very easy	.	37.7
	Somewhat easy	.	44.3
	Somewhat difficult	.	14.9
	Very difficult	.	3.0
	Total	175	100.0
State-wide	Very easy	.	38.4
	Somewhat easy	.	37.9
	Somewhat difficult	.	18.1
	Very difficult	.	5.6
	Total	4135	100.0
$p = 0.4299$			

- 15) How easy do you think it is for persons your age in your community to obtain heroin or fentanyl?

<i>Ease of obtaining heroin or fentanyl</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Very easy	.	21.8
	Somewhat easy	.	30.4
	Somewhat difficult	.	34.2
	Very difficult	.	13.7
	Total	175	100.0
State-wide	Very easy	.	35.1
	Somewhat easy	.	35.1
	Somewhat difficult	.	21.5
	Very difficult	.	8.3
	Total	4132	100.0
$p = 0.0014$			

H5: PERCEPTIONS ABOUT RISKS FROM ALCOHOL AND OTHER SUBSTANCES

- 16) How much do people risk harming themselves (physically, or in other ways) if they have five or more drinks of an alcoholic beverage once or twice a week?

Risk of harm from binge drinking 1-2 times per week		n (unweighted)	%
Region	No risk	.	9.3
	Slight risk	.	29.1
	Moderate risk	.	50.1
	Great risk	.	11.5
	Total	179	100.0
State-wide	No risk	.	6.1
	Slight risk	.	34.3
	Moderate risk	.	41.6
	Great risk	.	18.1
	Total	4147	100.0
$p = 0.0816$			

Binge drinking was defined as “having five or more drinks of alcohol in a row, that is, within a couple of hours.”

17) How much do you think people risk harming themselves (physically or in other way) if they take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

<i>Risk of harm from prescription drug use without prescription</i>		<i>n (unweighted)</i>	<i>%</i>
Region	No risk	.	.
	Slight risk	.	11.2
	Moderate risk	.	35.9
	Great risk	.	51.1
	Total	179	100.0
State-wide	No risk	.	1.4
	Slight risk	.	10.8
	Moderate risk	.	32.8
	Great risk	.	55.0
	Total	4145	100.0
<i>p = 0.8597</i>			

H6: BEHAVIORS AND EXPERIENCES

- 18) Considering all types of alcoholic beverages, during the past 30 days have you had 5 or more drinks of alcohol in a row, that is, within a couple of hours?

Past month binge alcohol use		n (unweighted)	%
Region	Yes	.	44.0
	No	.	56.0
	Total	179	100.0
State-wide	Yes	.	34.1
	No	.	65.9
	Total	4135	100.0
$p = 0.042$			

If response 1 is selected, proceed to Q18a and then skip to Q19. If response 2 is selected, skip to Q18b.

- a) If you have had 5 or more drinks of alcohol in a row in the last 30 days, on how many days did you have 5 or more drinks?

Number of days binge drinking in past month		n (unweighted)	%
Region	1-2 days	.	51.0
	3-5 days	.	33.6
	6-9 days	.	.
	10 or more days	.	.
	Total	59	100.0
State-wide	1-2 days	.	51.3
	3-5 days	.	23.2
	6-9 days	.	12.6
	10 or more days	.	12.8
	Total	1192	100.0
$p = 0.4029$			

b) If you choose not to drink at all or to limit your drinking, how important is each of the following reasons for you? (select all that apply)

i. **Drinking is against my values**

<i>Drinking is against my values</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	3.4
	Not checked	.	96.6
	Total	118	100.0
State-wide	Checked	.	10.3
	Not checked	.	89.7
	Total	2922	100.0
$p = 0.0252$			

ii. **People in my family have had alcohol problems**

<i>Family members have alcohol problems</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	32.5
	Not checked	.	67.5
	Total	118	100.0
State-wide	Checked	.	34.1
	Not checked	.	65.9
	Total	2922	100.0
$p = 0.7864$			

iii. **I'm not old enough to drink legally**

<i>Abstain/limit drinking because... not old enough</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	20.7
	Not checked	.	79.3
	Total	118	100.0
State-wide	Checked	.	18.8
	Not checked	.	81.2
	Total	2922	100.0
$p = 0.7488$			

iv. I'm going to drive

<i>Abstain/limit drinking because... going to drive</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	45.3
	Not checked	.	54.7
	Total	118	100.0
State-wide	Checked	.	53.6
	Not checked	.	46.4
	Total	2922	100.0
$p = 0.1820$			

v. It costs too much money

<i>Abstain/limit drinking because... costs too much</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	27.7
	Not checked	.	72.3
	Total	118	100.0
State-wide	Checked	.	35.3
	Not checked	.	64.7
	Total	2922	100.0
$p = 0.2075$			

vi. I don't like the taste / I don't like the way it makes me feel

<i>Abstain/limit drinking because... do not like taste or effect</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	24.2
	Not checked	.	75.8
	Total	118	100.0
State-wide	Checked	.	25.6
	Not checked	.	74.4
	Total	2922	100.0
$p = 0.7870$			

vii. My friends don't drink

<i>Abstain/limit drinking because... friends do not drink</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	3.2
	Not checked	.	96.8
	Total	118	100.0
State-wide	Checked	.	4.0
	Not checked	.	96.0
	Total	2922	100.0
$p = 0.6838$			

viii. I don't want to disappoint someone I care about

<i>Abstain/limit drinking because... do not want to disappoint anyone</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	7.6
	Not checked	.	92.4
	Total	118	100.0
State-wide	Checked	.	14.9
	Not checked	.	85.1
	Total	2922	100.0
$p = 0.0803$			

ix. It is bad for my health

<i>Abstain/limit drinking because... it is unhealthy</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	34.8
	Not checked	.	65.2
	Total	118	100.0
State-wide	Checked	.	32.8
	Not checked	.	67.2
	Total	2922	100.0
$p = 0.7383$			

x. **It interferes with my school, work, or fitness activities**

<i>Abstain/limit drinking because... it interferes with school, work, etc.</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	47.2
	Not checked	.	52.8
	Total	118	100.0
State-wide	Checked	.	34.7
	Not checked	.	65.3
	Total	2922	100.0
$p = 0.0402$			

xi. **Other - please describe: _____**

<i>Abstain/limit drinking because... other response</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	14.3
	Not checked	.	85.7
	Total	118	100.0
State-wide	Checked	.	15.4
	Not checked	.	84.6
	Total	2922	100.0
$p = 0.8228$			

19) **Have you used any of the following substances in the past 30 days? (Check all that apply)**

i. **Tobacco (cigarettes, tobacco from a water pipe or hookah, cigars, little cigars, clove cigarettes, smokeless tobacco)**

<i>Past month tobacco use</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	28.6
	Not checked	.	71.4
	Total	177	100.0
State-wide	Checked	.	34.9
	Not checked	.	65.1
	Total	4026	100.0
$p = 0.2247$			

ii. **E-cigarettes**

<i>Past month e-cigarette use</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	10.3
	Not checked	.	89.7
	Total	177	100.0
State-wide	Checked	.	11.2
	Not checked	.	88.8
	Total	4026	100.0
$p = 0.8188$			

iii. **Marijuana for nonmedical purposes (pot, weed, hashish, hash oil)**

<i>Past month non-medical marijuana use</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	30.9
	Not checked	.	69.1
	Total	177	100.0
State-wide	Checked	.	28.4
	Not checked	.	71.6
	Total	4026	100.0
$p = 0.6326$			

iv. **Synthetic drugs (also known as Spice Herbal Smoke Blend, Genie, Skunk, K2, or Eclipse, bath salts)**

(Not reported – please see [Survey Design and Methods](#) section, above)

v. **Inhalants (glue, solvents, gas)**

(Not reported – please see [Survey Design and Methods](#) section, above)

vi. **Cocaine (crack, rock, freebase)**

<i>Past month cocaine use</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	.
	Not checked	.	98.5
	Total	177	100.0
State-wide	Checked	.	2.5
	Not checked	.	97.5
	Total	4026	100.0
$p = 0.6053$			

vii. **Club drugs, like crystal meth, ice, or crank, hallucinogens (LSD, PCP), MDMA (Ecstasy or Molly), or GHB, Ketamine, or Rohypnol**

<i>Past month club drug use</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	.
	Not checked	.	97.4
	Total	177	100.0
State-wide	Checked	.	2.3
	Not checked	.	97.7
	Total	4026	100.0
$p = 0.8874$			

viii. **Prescription drugs without a doctor's orders**

<i>Past month prescription drug misuse</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	6.0
	Not checked	.	94.0
	Total	177	100.0
State-wide	Checked	.	4.9
	Not checked	.	95.1
	Total	4026	100.0
$p = 0.6383$			

ix. **Other illegal drugs, like methamphetamine**

(Not reported – please see [Survey Design and Methods](#) section, above)

x. **I have not used any of these substances in the past 30 days**

<i>Have not used any of the substances listed in the past month</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	55.2
	Not checked	.	44.8
	Total	177	100.0
State-wide	Checked	.	51.2
	Not checked	.	48.8
	Total	4026	100.0
$p = 0.4322$			

Substances referenced in this item include all those identified in Tables 19 (i) – 19 (ix), above, plus synthetic drugs, inhalants, and other illegal drugs such as methamphetamine.

- 20) Within the last 12 months, have you taken pain relievers (e.g., OxyContin, Vicodin, Codeine) that were not prescribed to you or in a way other than how your doctor prescribed them?

Past year prescription pain reliever misuse		n (unweighted)	%
Region	Yes	.	7.0
	No	.	93.0
	Total	175	100.0
State-wide	Yes	.	6.4
	No	.	93.6
	Total	4036	100.0
$p = 0.808$			

If response is 1, proceed to Q20a. If response is 2, 3, or no answer, skip to Q21.

- a) When you used this prescription medication, how did you obtain it? If you got it in more than one way, please choose the answer that is true most of the time.

i. From just one doctor

Past year prescription pain reliever source		n (unweighted)	%
Region	From one or more doctors	.	.
	Other source	.	75.2
	Total	9	100.0
State-wide	From one or more doctors	.	14.9
	Other source	.	85.1
	Total	229	100.0
$p = 0.4786$			

ii. From more than one doctor

(Not reported – please see [Survey Design and Methods](#) section, above)

iii. Stole it from a doctor's office, clinic, hospital, or pharmacy

(Not reported – please see [Survey Design and Methods](#) section, above)

iv. Got from a friend or relative for free

(Not reported – please see [Survey Design and Methods](#) section, above)

v. Bought it from a friend or relative

(Not reported – please see [Survey Design and Methods](#) section, above)

vi. Took it from a friend or relative without asking

(Not reported – please see [Survey Design and Methods](#) section, above)

vii. Bought it from a drug dealer or other stranger

(Not reported – please see [Survey Design and Methods](#) section, above)

viii. I don't remember

(Not reported – please see [Survey Design and Methods](#) section, above)

ix. Some other way - please describe: _____

(Not reported – please see [Survey Design and Methods](#) section, above)

21) Within the last 12 months, have you taken sedatives (e.g., Xanax Valium) that were not prescribed to you or in a way other than how your doctor prescribed them?

Past year prescription sedative misuse		n (unweighted)	%
Region	Yes	.	3.9
	No	.	96.1
	Total	173	100.0
State-wide	Yes	.	4.6
	No	.	95.4
	Total	4047	100.0

$p = 0.747$

If response is 1, proceed to Q21a. If response is 2, 3, or no answer, skip to Q22.

a) When you used this prescription medication, how did you obtain it? If you got it in more than one way, please choose the answer that is true most of the time.

<i>Past year prescription sedative source</i>		<i>n (unweighted)</i>	<i>%</i>
Region	From one or more doctors	.	.
	Other source	.	100.0
	Total	6	100.0
State-wide	From one or more doctors	.	9.5
	Other source	.	90.5
	Total	158	100.0
$p = 0.5525$			

22) Within the last 12 months, have you taken stimulants (e.g., Ritalin, Adderall) that were not prescribed to you or in a way other than how your doctor prescribed them?

<i>Past year prescription stimulant misuse</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Yes	.	4.8
	No	.	95.2
	Total	174	100.0
State-wide	Yes	.	9.0
	No	.	91.0
	Total	4045	100.0
$p = 0.136$			

If response is 1, proceed to Q22a. If response is 2, 3, or no answer, skip to Q23.

a) When you used this prescription medication, how did you obtain it? If you got it in more than one way, please choose the answer that is true most of the time.

Past year prescription stimulant source		n (unweighted)	%
Region	From one or more doctors	.	.
	Other source	.	81.8
	Total	6	100.0
State-wide	From one or more doctors	.	8.1
	Other source	.	91.9
	Total	300	100.0
$p = 0.4043$			

23) Within the last 12 months, have you taken methadone or buprenorphine (e.g., Suboxone, Subutex) that were not prescribed to you or in a way other than how your doctor prescribed them?

Past year prescription methadone or buprenorphine misuse		n (unweighted)	%
Region	Yes	.	.
	No	.	98.3
	Total	173	100.0
State-wide	Yes	.	2.4
	No	.	97.6
	Total	4042	100.0
$p = 0.726$			

If response is 1, proceed to Q23a. If response is 2, 3, or no answer, skip to Q24.

a) When you used this prescription medication, how did you obtain it? If you got it in more than one way, please choose the answer that is true most of the time.

Past year prescription methadone or buprenorphine source		n (unweighted)	%
Region	From one or more doctors	.	.
	Other source	.	.
	Total	.	.
State-wide	From one or more doctors	.	15.9
	Other source	.	84.1
	Total	79	100.0
$p = 0.5095$			

24) Within the past 12 months, have you used, even once, any form of heroin or fentanyl?

<i>Past year heroin/fentanyl use</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Yes	.	.
	No	.	97.7
	Total	172	100.0
State-wide	Yes	.	2.7
	No	.	97.3
	Total	3992	100.0
$p = 0.7896$			

25) During the past 12 months, have you done or experienced any of the following under the influence of alcohol or other drugs? (Check all that apply).

i. I have not used alcohol or other drugs in the past 12 months

<i>Have not used alcohol or drugs in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	13.2
	Not checked	.	86.8
	Total	165	100.0
State-wide	Checked	.	19.1
	Not checked	.	80.9
	Total	3824	100.0
$p = 0.1048$			

ii. Driven while under the influence of alcohol or other drugs

<i>Driven while under-the-influence in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	19.1
	Not checked	.	80.9
	Total	165	100.0
State-wide	Checked	.	15.9
	Not checked	.	84.1
	Total	3824	100.0
$p = 0.4438$			

iii. **Ridden with a driver who under the influence of alcohol or drugs**

<i>Ridden with driver who was under-the-influence in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	12.1
	Not checked	.	87.9
	Total	165	100.0
State-wide	Checked	.	15.3
	Not checked	.	84.7
	Total	3824	100.0
$p = 0.3174$			

iv. **Someone had sex with you without your consent**

<i>Had sex w/o your consent while under-the-influence (past year)</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	.
	Not checked	.	99.0
	Total	165	100.0
State-wide	Checked	.	1.2
	Not checked	.	98.8
	Total	3824	100.0
$p = 0.7960$			

v. **You had sex with someone without their consent**

(Not reported – please see [Survey Design and Methods](#) section, above)

vi. **Had unprotected sex**

<i>Had unprotected sex while under-the-influence in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	19.3
	Not checked	.	80.7
	Total	165	100.0
State-wide	Checked	.	19.7
	Not checked	.	80.3
	Total	3824	100.0
$p = 0.9184$			

vii. Physically injured yourself

<i>Physically injured yourself while under-the-influence in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	5.4
	Not checked	.	94.6
	Total	165	100.0
State-wide	Checked	.	5.3
	Not checked	.	94.7
	Total	3824	100.0
<i>p = 0.9795</i>			

viii. Physically injured another person

(Not reported – please see [Survey Design and Methods](#) section, above)

ix. Had difficulty with school, work or home responsibilities

<i>Had difficulty with responsibilities while under-the-influence in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	5.9
	Not checked	.	94.1
	Total	165	100.0
State-wide	Checked	.	9.1
	Not checked	.	90.9
	Total	3824	100.0
<i>p = 0.3300</i>			

x. I have used alcohol or other drugs in the past 12 months, but none of the above apply to me.

<i>Have used alcohol or drugs in past year but none of the problems apply</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	49.4
	Not checked	.	50.6
	Total	165	100.0
State-wide	Checked	.	47.0
	Not checked	.	53.0
	Total	3824	100.0
<i>p = 0.6568</i>			

Problems referenced in this item include all the behaviors and experiences identified in Tables 46 to 52, plus having sex with someone without their consent and physically injuring another person.

- 26) During the past 12 months, did you ever feel so sad or hopeless every day for 2 weeks or more in a row that you stopped doing some usual activities?

<i>Felt sad/hopeless for two weeks in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Yes	.	18.3
	No	.	81.7
	Total	173	100.0
State-wide	Yes	.	25.3
	No	.	74.7
	Total	3987	100.0
$p = 0.110$			

- 27) During the past 12 months, did you ever seriously consider attempting suicide?

<i>Considered suicide in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Yes	.	7.5
	No	.	92.5
	Total	173	100.0
State-wide	Yes	.	12.7
	No	.	87.3
	Total	3987	100.0
$p = 0.060$			

- 28) Have you personally tried to find treatment for problems with alcohol or other drugs in the past 12 months (not counting cigarettes)?

<i>Sought alcohol/drug treatment in past year</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Yes	.	3.2
	No	.	96.8
	Total	173	100.0
State-wide	Yes	.	5.3
	No	.	94.7
	Total	3982	100.0
$p = 0.370$			

If response is 1, proceed to Q29. If response is 2 or no response, skip to Q30.

29) If you tried to find treatment were you able to find the treatment that you needed?

<i>Found needed treatment</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Yes	.	.
	No	.	.
	Total	5	100.0
State-wide	Yes	.	60.5
	No	.	39.5
	Total	192	100.0
<i>p = 0.317</i>			

30) If you wanted to talk to someone about a serious problem, which of the following people would you turn to? (Check all that apply)

i. There is nobody I can talk to about serious problems

<i>Who to talk to about problems...Nobody is available</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	6.5
	Not checked	.	93.5
	Total	172	100.0
State-wide	Checked	.	4.7
	Not checked	.	95.3
	Total	3970	100.0
<i>p = 0.3900</i>			

ii. My mother or father or guardian

<i>Who to talk to about problems...Parent or guardian</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	50.4
	Not checked	.	49.6
	Total	172	100.0
State-wide	Checked	.	51.3
	Not checked	.	48.7
	Total	3970	100.0
<i>p = 0.8575</i>			

iii. **My significant other**

<i>Who to talk to about problems...Significant other</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	51.2
	Not checked	.	48.8
	Total	172	100.0
State-wide	Checked	.	56.3
	Not checked	.	43.7
	Total	3970	100.0
<i>p = 0.3249</i>			

iv. **Other family members**

<i>Who to talk to about problems...Other family members</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	18.5
	Not checked	.	81.5
	Total	172	100.0
State-wide	Checked	.	29.8
	Not checked	.	70.2
	Total	3970	100.0
<i>p = 0.0078</i>			

v. **My friend(s)**

<i>Who to talk to about problems...Friends</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	63.7
	Not checked	.	36.3
	Total	172	100.0
State-wide	Checked	.	62.8
	Not checked	.	37.2
	Total	3970	100.0
<i>p = 0.8496</i>			

vi. **Some other person or persons**

<i>Who to talk to about problems...Other</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Checked	.	19.6
	Not checked	.	80.4
	Total	172	100.0
State-wide	Checked	.	19.1
	Not checked	.	80.9
	Total	3970	100.0
$p = 0.8948$			

H7: WRAP-UP QUESTIONS

31) Where did you first find out about this survey?

<i>How did you hear about the survey?</i>		<i>n (unweighted)</i>	<i>%</i>
Region	Facebook	.	93.5
	Other	.	6.5
	Total	172	100.0
State-wide	Facebook	.	93.6
	Other	.	6.4
	Total	3965	100.0
$p = 0.9788$			

32) Leaders in NH are interested in understanding how young adults think about their future. Please comment about what gives you a sense of hope about the future and what gets in the way of that hope.

33) Is there anything else you'd like to tell us or add regarding the issues we have asked about today, or about your experience taking the survey?