

Treatment RESOURCE GUIDE



NH DEPT. OF HEALTH AND HUMAN SERVICES

NHBDAS

BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery

NH Department of Health and Human Services

Division for Behavioral Health

Bureau of Drug and Alcohol Services

dhhs.nh.gov/dcbcs/bdas/index.htm

drugfreenh.org

Call 603.271.6738 or 800.804.0909 (toll-free in NH)

This Treatment Resource Guide provides a listing of **state-funded alcohol and drug abuse treatment programs**. For statewide referrals and information, dial 211 or visit <http://nhtreatment.org>.

If you or someone you know is experiencing an addiction-related crisis, call the NH Statewide Addiction Crisis Line at: 1.844.711.HELP (4357).

To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.

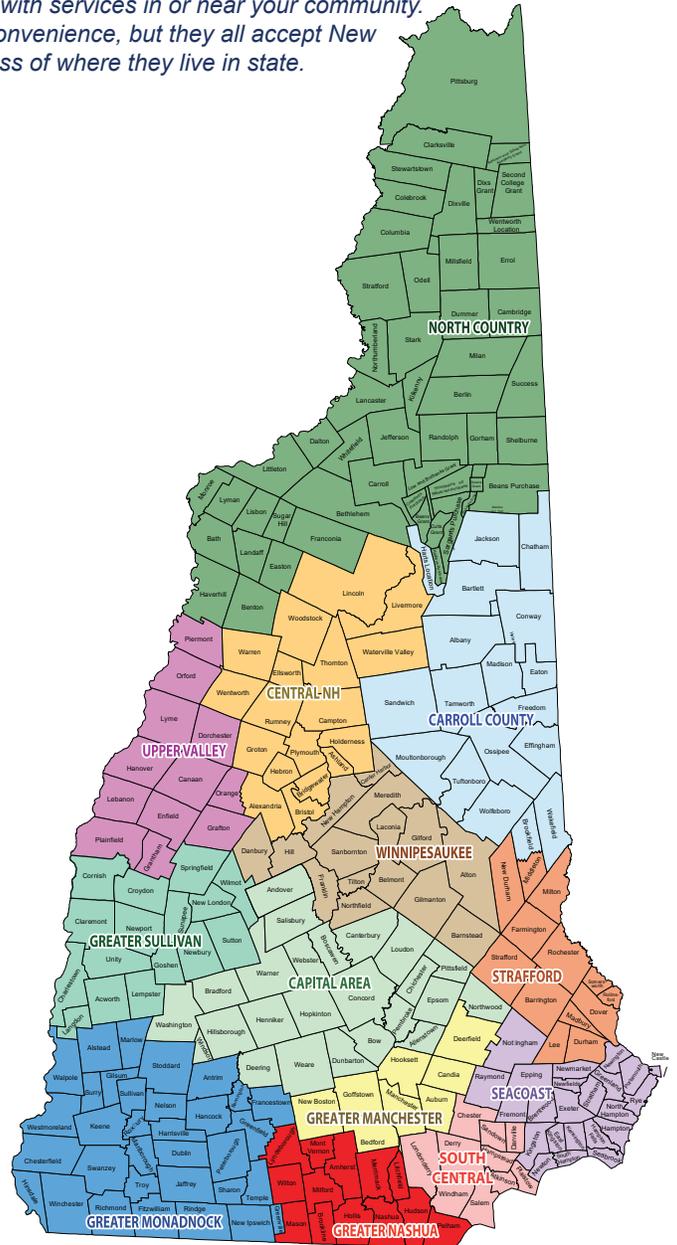
NHBDAS Mission

Contents

By location

Every community in New Hampshire is included in a Regional Public Health Network System. Turn to the page associated with your region or click the map on the PDF to automatically access the correct page with services in or near your community. Providers are listed by location for convenience, but they all accept New Hampshire residents regardless of where they live in state.

- North Country 3
- Upper Valley 3
- Central NH * 3
- Carroll County * 3
- Greater Sullivan * 3
- Winnepesaukee 3
- Strafford County 3
- Capital Area 3
- Greater Manchester 4
- Seacoast 4
- Greater Monadnock 4
- Greater Nashua 5
- South Central * 5



* The Central NH, Carrol, Sullivan and South Central regions do not have state-funded alcohol and drug abuse treatment programs as of October 2016.

By Service

- [Outpatient \(OP\)](#) 6
- [Medication-Assisted Treatment \(MAT\)](#) 6
- [Intensive Outpatient \(IOP\)](#) 6
- [Outpatient Withdrawal Management \(OWM\)](#) 6
- [Partial Hospitalization \(PH\)](#) 6
- [Low Intensity \(LI\)](#) 6
- [High Intensity \(HI\)](#) 6
- [Pregnant & Parenting Women \(PPW\)](#) 6
- [Withdrawal Management \(WM\)](#) 6
- [Residential Medication-Assisted Treatment \(RMAT\)](#) 6
- [Specialty Open Doors Program \(SPOD\)](#) 6

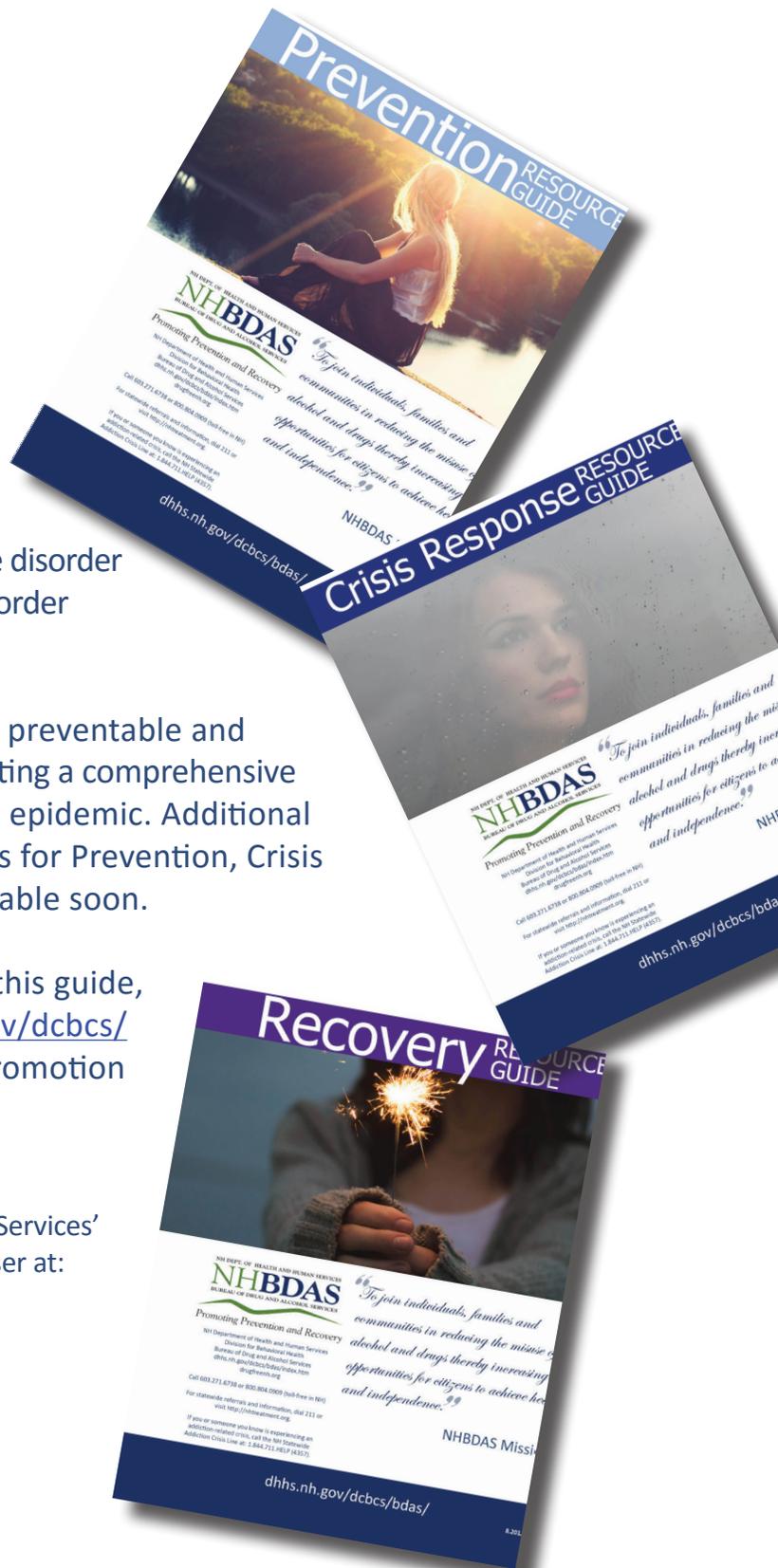
On electronic version: Click name to go to service.

This Treatment Resource Guide provides a listing of state-funded substance use disorder or alcohol and drug use disorder treatment options.

Substance use disorders (SUDs) are preventable and treatable, and the state is implementing a comprehensive and lasting response to address this epidemic. Additional resource guides providing resources for Prevention, Crisis Services, and Recovery will be available soon.

To receive an electronic version of this guide, please visit <http://www.dhhs.nh.gov/dcbcs/bdas/guide.htm> or e-mail Health Promotion Advisor Randy Moser at Randolph.Moser@dhhs.nh.gov.

To receive the Bureau of Drug and Alcohol Services' e-newsletter, please also e-mail Randy Moser at: Randolph.Moser@dhhs.nh.gov.



Disclaimer: We have provided, to the best of our ability, the most accurate information that we have. Names and addresses sometimes change, so please contact Health Promotions Advisor Randy Moser at 603-271-4972 or email: Randolph.Moser@dhhs.nh.gov with any new information.

Go to the New Hampshire Treatment Locator to find information about additional services at: <http://nhtreatment.org/>

Treatment Facilities by Locations

NORTH COUNTRY

BERLIN

Tri-County CAP

610 Sullivan Street
Suite 303

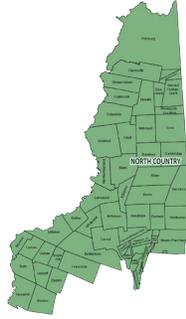
Berlin, NH

Phone: 603-752-7941

Website: www.tccap.org

Services: OP, IOP, MAT

Residential Services: LI, HI, RMAT



Webster Place (Men)

27 Holy Cross Rd.

Franklin, NH 3235

Phone: 603-622-3020

Website: farnumcenter.org

Outpatient Services: OP, IOP, PH

Residential Services: TL, LI, HI, WM

GILFORD

Horizons Counseling Center

25 Country Club Rd # 705

Gilford, NH 03249

Phone: 603-524-8005

Fax: 603-524-7275

Website: horizonsnh.org/index.html

Outpatient Services: OP (Gilford / Plymouth), IOP, MAT

UPPER VALLEY

CANAAN

HALO Educational Systems, LLC

44 Roberts Rd

Canaan, NH 03741

Phone: 603-359-3321

Fax: 603-523-8804

Website: haloeducationalsystems.com

Outpatient Services: OP



STRAFFORD COUNTY AREA

DOVER

Southeastern NH Alcohol and Drug Abuse Services (Dover)

272 County Farm Road

Dover, NH 03820

Crisis Center: 603-516-8181

Phone: 603-516-8160

Fax: 603-749-3983

Website: dovernhtreatmentcenter.org

Outpatient Services: OP, IOP, PH, WM

Residential Services: TL, LI, HI



LEBANON

HALO Educational Systems, LLC

1 School Street

Lebanon, NH 03741

Phone: 603-359-3321

Website: haloeducationalystems.com

Outpatient Services: OP

Headrest

14 Church St, Lebanon, NH 03766

Phone: (603) 448-4400

Outpatient Services: OP, IOP

Residential Services: LI

WINNIPESAUKEE AREA

FRANKLIN

Farnum Center North

Ray House (Women)

14 Holy Cross Rd.

Franklin NH, 03235



CAPITAL AREA

CONCORD

Concord Hospital

Substance Use Services

250 Pleasant Street, Suite 5400

Concord, NH 03301

Phone: 603-225-2711 ext. 2521

Website: www.concordhospital.org

Fax: 603-227-7169

Outpatient Services: OP, IOP



Riverbend Community Mental Health

278 Pleasant St.

Concord, NH 03302-2032

Phone: 603-228-1600

Website: www.riverbendcmhc.org

Outpatient Services: IOP (Adult and Adolescent), MAT

Seacoast Mental Health Center*Portsmouth facility*

1145 Sagamore Ave

Portsmouth, NH 03801

Phone: 603-431-6703

Website: www.smhc-nh.org**GREATER MANCHESTER****MANCHESTER****Families in Transition /****Family Willows Substance Use Treatment Center**

161 South Beech Street

Manchester, NH 03103

Phone: 603-641-9941 Ext. 401

Fax: 603-641-1244

Website: www.fitnh.org/familywillows

Outpatient Services: OP, IOP

Farnum Outpatient Services

140 Queen City Avenue

Manchester, NH 03101

Phone: 603-622-3020

Fax: 603-621-4295

Website: farnumcenter.org

Outpatient Services: OP, IOP, PH

Residential Services: HI, WM

Serenity Place

101 Manchester Street

Manchester, NH 03101

Phone: 603-625-6980

Fax: 603-625-6982

Website: serenityplace.org

Outpatient Services: OP, IOP, OWM, PH

Residential Services: TL, LI, HI

SEACOAST**PORTSMOUTH****Families First of the Greater Seacoast**

100 Campus Drive, Suite 12

Portsmouth, NH 03801

Phone: 603-422-8208 Ext. 150

Fax: 603-422-8218

Website: familiesfirstseacoast.org

Outpatient Services: OP, MAT

Exeter facility

30 Prospect Ave

Exeter, NH 03833

Phone: 603-772-2710

Website: www.smhc-nh.orgOutpatient Services: OP, MAT (*Co-occurring disorders*)**SOMERSWORTH****Goodwin Community Health**

311 NH-108

Somersworth, NH 03878

Phone: (603) 749-2346

Fax: 603-749-2748

Website: goodwinch.org

Outpatient Services: OP, IOP, MAT

GREATER MONADNOCK**DUBLIN****Phoenix House Comprehensive
Addiction Treatment Services**

3 Pierce Road

Dublin, NH 03444

Phone: 603-563-8501 option 1

Website: www.phoenixhouse.org

Outpatient Services: IOP

Residential Services: TL, LI, HI, RMAT

KEENE**Phoenix House Comprehensive Addiction
Treatment Services**

106 Roxbury Street

Keene, NH 03431

Phone: 603-358-4041 option 1

Website: www.phoenixhouse.org

Outpatient Services: OP, IOP

GREATER NASHUA **NASHUA**



Greater Nashua Council on Alcoholism: Keystone Hall

12 & 1/2 Amherst Street
Nashua, NH 03063

Phone: 603-943-7971 Ext. 3

Fax: 603-943-7969

Website: keystonehall.org

Outpatient Services: OP, IOP, PH, MAT

Residential Services: TL, LI, HI, PPW, RMAT

Greater Nashua Open Doors Program

615 Amherst Street

Nashua, NH 03063

Phone: 603-881-4848

Fax: 603-598-3644

Website: www.keystonehall.org

Residential Services: SPOD

The Youth Council

112 W. Pearl Street

Nashua, NH 03060

Phone: 603-889-1090

Fax: 603-598-1703

Website: www.theyouthcouncil.org

Outpatient Services: OP (*Adolescents*)

Free Statewide Crisis, Intervention, and Referral Services



NH Alcohol and Drug **TREATMENT LOCATOR**

The NH Alcohol and Drug Treatment Locator is a website directory where visitors can locate alcohol and drug treatment service providers in New Hampshire who offer assessments, withdrawal management, outpatient counseling, residential treatment, recovery supports and other services. Visit: <http://nhtreatment.org/>

Do You Or Someone You Know Struggle With Addiction or Substance Use?

Have questions about what to do next?

Your Recovery Is Our Priority!

Call the NH Statewide Addiction Crisis Line

1-844-711-HELP (4357)

hope@keystonehall.org



Confidential Judgment-free 24 Hours a day 7 Days a week

The NH Statewide Addiction Crisis Line (1-844-711-HELP (4357)) is a free, anonymous service that help callers:

- determine what level of treatment would be appropriate for them,
- understand the different types of treatment available, and
- identify local services and options.

The Crisis Line's staff are trained to provide support and advice to callers when they are experiencing an alcohol, drug use or addiction-related crisis.

2-1-1 is an easy-to-remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community. Visitors to 211's website can search its online database of community services that contains information for over 1,800 health and human service providers and 4,500 service locations.

Treatment Facilities by Services

OUTPATIENT

Outpatient

Concord Hospital
 Families First of the Greater Seacoast
 Families in Transition
 Farnum Outpatient Services (Manchester / Franklin)
 Goodwin Community Health
 Greater Nashua Council on Alcoholism
 HALO Educational Systems, LLC
 Headrest
 Horizons Counseling Center (Gilford / Plymouth)
 Phoenix House Comprehensive Addiction Treatment Services (Keene)
 Seacoast Mental Health Center
 Serenity Place
 Southeastern NH Alcohol and Drug Abuse Services
 The Youth Council
 Tri-County CAP

Intensive Outpatient

Concord Hospital
 Families in Transition
 Farnum Outpatient Services (Manchester / Franklin)
 Goodwin Community Health
 Greater Nashua Council on Alcoholism
 Headrest
 Horizons Counseling Center
 Phoenix House Comprehensive Addiction Treatment Services (Keene / Dublin)
 Serenity Place
 Southeastern NH Alcohol and Drug Abuse Services
 Tri-County CAP

Medication-Assisted Treatment

Families First of the Greater Seacoast
 Goodwin Community Health
 Greater Nashua Council on Alcoholism
 Horizons Counseling Center
 Tri-County CAP

Outpatient Withdrawal Management

Serenity Place
 Southeastern NH Alcohol and Drug Abuse Services

Partial Hospitalization

Farnum Outpatient Services (Franklin)

Greater Nashua Council on Alcoholism
 Serenity Place
 Southeastern NH Alcohol and Drug Abuse Services

RESIDENTIAL

Transitional Living

Farnum Outpatient Services (Franklin)
 Greater Nashua Council on Alcoholism
 Phoenix House Comprehensive Addiction Treatment Services (Dublin)
 Serenity Place
 Southeastern NH Alcohol and Drug Abuse Services

Low Intensity

Farnum Outpatient Services (Franklin)
 Greater Nashua Council on Alcoholism
 Headrest
 Phoenix House Comprehensive Addiction Treatment Services (Dublin)
 Serenity Place
 Southeastern NH Alcohol and Drug Abuse Services
 Tri-County CAP

High Intensity

Greater Nashua Council on Alcoholism
 Farnum Outpatient Services (Manchester / Franklin)
 Serenity Place
 Phoenix House Comprehensive Addiction Treatment Services
 Southeastern NH Alcohol and Drug Abuse Services
 Tri-County CAP

Pregnant & Parenting Women

Greater Nashua Council on Alcoholism

Residential Medication-Assisted Treatment

Greater Nashua Council on Alcoholism
 Phoenix House Comprehensive Addiction Treatment Services (Dublin)
 Tri-County CAP

Withdrawal Management

Farnum Outpatient Services (Manchester / Franklin)

Specialty Open Doors Program (SPOD)

Greater Nashua Open Doors Program

Description of Services

OUTPATIENT

- **Outpatient:** Outpatient (OP) programs typically require regular counseling services at a clinic or facility and allow clients to return to their homes or other living arrangements during non-treatment hours.
- **Medication-Assisted Treatment:** Medication-Assisted Treatment (MAT) combines behavioral therapy and medications to treat substance use disorders
- **Intensive Outpatient:** Intensive Outpatient (IOP) programs typically requires participants to have a minimum of nine hours of therapeutic contact per week. An IOP may be structured for individual and / or group services and activities, according to an individualized treatment plan.
- **Outpatient Withdrawal Management:** Outpatient Withdrawal Management (OWM) is often provided by a physician's office, addiction treatment facility, or by home health care agency. Although the service is medically supervised, clients are permitted to return to their homes or other living arrangements during non-treatment hours. It is important that clients are motivated for treatment and have adequate in-home and community supports.
- **Partial Hospitalization:** Partial hospitalization is a combination of 20 or more hours per week of group and individual sessions in conjunction with medical and psychiatric services, psychopharmacological services, medication-assisted treatment, recovery support services and 24-hour crisis services.

RESIDENTIAL

- **Low Intensity:** Low-Intensity (LI) residential treatment is designed to prepare clients to become self-sufficient in the community. Services include at least five hours of clinical services per week. Adult residents typically work in the community and may pay a portion of their room and board.
- **High Intensity:** High-Intensity (HI) residential treatment is designed to assist individuals who require a more intensive level of service in a structured setting including individual and/or group counseling, educational sessions, psychiatric, medical and medication management, as needed.
- **Pregnant & Parenting Women:** Pregnant & Parenting Women (PPW) treatment is specifically designed for expectant and parenting women with residential facilities that have been developed using a family-centered approach, and many times allow mothers to care for their young children on-site.
- **Withdrawal Management:** Residential Withdrawal Management (WM) is designed for clients who require 24-hour monitoring of their withdrawal symptoms, a structured, safe environment, and ongoing clinical and / or medical supervision. The length of stay is determined by an individual's needs and the severity of his or her withdrawal symptoms.
- **Residential Medication-Assisted Management:** Residential Medication-Assisted Treatment (RMAT) combines behavioral therapy and medications to treat substance use disorders in a supervised clinical facility.
- **Specialty Open Doors Program:** The Open Doors Program (SPOD) provides a wide range of services – including residential treatment services, outpatient treatment with supportive housing services, outpatient treatment with housing stabilization services, weekly individual or group counseling, case management and wrap-around services – to assist families reduce and remove barriers preventing them from fully participating in the work force and in the larger community.