

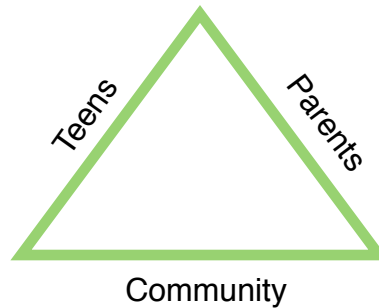
# Circle Up! Community Forum

## Teen Stress: Keeping It In Check

Thursday, March 3, 2016 at the Montshire Museum, Norwich VT

5:30 pm - Light Dinner

6:00 - 8:00 pm - Community Forum



*Circle Up! invites parents and teens to participate in a community conversation on creating a less stressful, more balanced environment for our families.*

*Contributing to our discussion will be school counselors, physicians, researchers, psychologists, parents and students.*



*By and for Hanover/Norwich/Dresden teens and their families*

*Questions? Contact Angie Leduc at  
603-653-6863*

*RSVP: Please email Angie Leduc at  
[Angie.M.Leduc@hitchcock.org](mailto:Angie.M.Leduc@hitchcock.org)*

**Participants  
receive a  
resource  
goody bag!**



Sponsored by ALL Together, the Upper Valley's Substance Misuse Prevention Coalition with resources provided by the New Hampshire Bureau of Drug and Alcohol Services, the New Hampshire Charitable Foundation, Drug Free Communities and Dartmouth Hitchcock