

## Resuming the School Routine

Once your child is determined to no longer be at imminent risk to harm him/herself, it is helpful to create a sense of routine and structure. It is also helpful to keep the school informed so that your child may return to their coursework and activities as soon as possible. With this in mind, we require that a re-entry meeting be held after the assessment and *before* your child begins their next school day. It is imperative that you attend this meeting.

Acting as your child's advocate, the Guidance Counselor and School Nurse can be of tremendous support. The School Nurse can regularly assess for any medical complications or medication side effects. District policy states that all medications a child uses are to be kept under the supervision of the Nurse to ensure its appropriate application and monitor safe usage. We would like to assist in the coordination of care between your health providers and CHS. Let us know what your child needs and how we can help. We'll do our very best to support your child and you during this challenging time.

### Additional Information:

To learn more about youth suicide, a number of resources are available to you.

- **The National Suicide Prevention Lifeline 1-800-273-8255**

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

- **NH National Alliance on Mental Illness**

[www.naminh.org](http://www.naminh.org)

- **The American Association of Suicidology**

[www.suicidology.com](http://www.suicidology.com)

- **The American Foundation for Suicide Prevention**

[www.afsp.org](http://www.afsp.org)

*The information contained in this brochure is for educational purposes only and is not intended as a substitute for professional diagnosis or treatment. Please consult a medical professional immediately if you suspect someone is suicidal. In New Hampshire, dial 911 for Emergencies*

## Litchfield School District And Campbell High School



### Information and Support for Parents of Children Who Have Been Identified as At-Risk for Suicide

#### Dear Parent/Guardian,

You are receiving this brochure because your child has been identified as having risk factors for suicide. This is a quick reference guide for you to use as you prepare for additional support. If you have any questions, please refer to one of the contact numbers listed below.

#### Campbell High School 546-0300

Asst. Principal	Laurie Rothhaus	x 1111
Guidance Director (Interim)	Lisa Petry	x 2255
Counselors	Marilyn Nieuweboer Jeff Parsons	x 2272 x 2256
School Nurse	Jackie Hoey	x 1115
Social Worker	Elin Pelland	x 2258
Psychologist	Tari Selig	x 2258