

Twin Pines Housing Trust

Supportive Housing for Mothers in Recovery Program Requirements

Tenant:

Main goals:

- 1. Work on substance use disorder recovery**
- 2. Provide a safe and healthy living space for your child(ren)**
- 3. Obtain permanent housing**
 - Complete housing applications and stay on waitlists
- 4. Personal life goals**

General Program Rules:

- Guests only **14 nights per year**
- Remain 3-12 months (with the caveat that if affordable, sustainable, permanent housing is offered a move may be sooner than 3 months)
- Remain enrolled in a Medication Assisted Treatment program/practice in Canaan, Dorchester, Enfield, Grafton, Grantham, Hanover, Lebanon, Lyme, Orange, Orford, Piermont, or Plainfield in New Hampshire or Fairlee, Hartford, Norwich, or Thetford in Vermont. Provide a signed proof of enrollment letter to the TPHT Residence Coordinator monthly.
- Meet with a Second Growth Recovery Coach at least monthly and provide a signed proof of meeting to the TPHT Residence Coordinator. All adult residents in the apartment must also meet with a Second Growth Recovery Coach once a month.
- Agree to all the TPHT housing rules as well as agree that there will be no alcohol or other drug use by any residents in the housing unit and that there will be no smoking or vaping any tobacco products inside the housing unit.
- Develop a housing transition plan which may include saving money for an apartment deposit, getting a job, pursuing additional educational opportunities, and establishing financial stability.

Recovery Coach Responsibilities:

- The coaches will meet with the adult residents at a time and location that meets their mutual convenience. They will sign a letter confirming their meeting for the program participant to present to the Residence Services Coordinator.
- Review eligibility requirements with the program participants to ensure they continue to meet qualifications for the program.
- Recovery coaches will collect data about the program participant that assists to describe the success and challenges of the program.
- Assist program participants with signing information releases between the parties to support their health and wellness.
- Notify applicants of how to apply for financial assistance with Mascoma Valley Health Initiative when appropriate (ex. food, clothes, furniture, housewares, etc.)
- Goals of the Coaches are:
 - Promote recovery.
 - Remove barriers.
 - Connect people with recovery support services.
 - Encourage hope, optimism, and healthy living.